

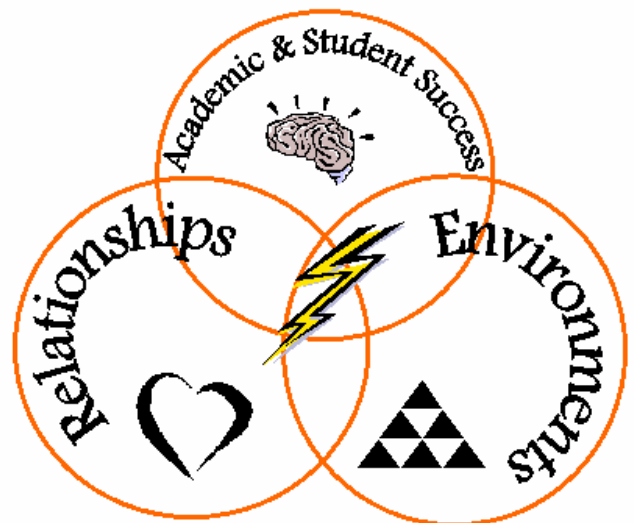


On the Road To SUCCESS

OSU Residential Life
Relationship Model
2005-06

Inter *ACTION*

Primer and Planner



Inter ACTION

Build

Re-



Relationships

Introduce
Challenge



Cele-
Suc-



brate
cess

Desired Student Outcomes for **Inter ACTION** Relationship Model

- ☑ Members of the community are connected and have regular interactions, friendships, group meals, study groups, etc
- ☑ Members of the community find the RA approachable, friendly and easy to talk to
- ☑ Mutual expectations exist among members of a particular community
- ☑ Community members feel ‘belonging’ to their living group/the university
- ☑ Community members respect each others differences and honor each others similarities
- ☑ Informal and formal methods are utilized to resolve conflicts
- ☑ Community members are actively engaged in creating activities and social interactions
- ☑ Community members respect and enhance the physical environment
- ☑ Community members study together and support each other in their academic pursuits
- ☑ Community members celebrate together
- ☑ Community members report satisfaction with their RA, their living group

Desired Student Staff Outcomes for **Inter ACTION** Relationship Model

- ☑ More in-depth relationships among residents where trust, respect, and openness are

Step By Step – Inter ACTION	Activity
<p>Step 1: Before students arrive: Know your residents – by face, by name, by room</p>	<p>Use floor roster to memorize names/faces BEFORE residents move in Actively Help them MOVE IN Create opportunities RIGHT AWAY to get residents connected to each other – fun activities, floor dinners Create a plan to help your ‘community’ establish an identity Facilitate development of a Community Charter/Expectations Develop rituals (weekly dinner, weekly movie night, special show time, exercise group, etc) Begin the process of spending TIME with your residents instead of exclusively with your staff group</p>
<p>Step 2: As soon as possible: Know something significant about each of your residents. Find something to LIKE about each resident.</p>	<p>Prepare yourself for ‘social conversations’ Develop strategies for engaging even your shyest resident Get residents on comfortable ground... ask them about themselves! Complete your floor-plan and community development plan Spend time with some of your residents EVERY DAY</p>
<p>Step 3: By the end of October: Know how your residents spend time away from the hall and with each other</p>	<p>Complete Socio Gram Activity Develop your ‘hit lists’ -- students who are showing leadership potential...get them started on planning activities and identify students who are ‘door shutters/loaners’ work to get them out and about Complete a ‘Needs Assessment’ for your living group</p>
<p>Step 4: By the End of November Get residents INVOLVED in planning and implementing activities and events – their success will be your success!</p>	<p>Ensure that you are involving your residents in the many campus events and activities that are taking place - don’t reinvent the wheel. Get residents connected to residents on other floors and working with other RAs. HELP THEM get organized</p>
<p>Step 5: January and ON Celebrate your SUCCESSES... and move to the next level</p>	<p>The next level – more meaningful, deep and lasting relationships, more engaged students as learners and community members, better retention and higher recontracting.</p>

Minimum Expectations Fall Term

TBD in consultation with RD team in August

- ☑ Relationship Outreach (individual effort) as many as possible – the more the better!!
- ☑ Facilitate roommate/suitemate agreement and Community Standards/Community Charter
- ☑ First Six Weeks Activities (take residents to campus sponsored programs on sexual assault prevention, alcohol use/abuse, study skills, etc.)
- ☑ Plan/Assist with Hall/Theme/Area Events 1
- ☑ Wing/Floor/Hall Social Events (Advise Residents/ Hall Council) 2
- ☑ •Passive Program Bulletin Boards 1/month
- ☑ •Floor/Wing Meetings/Events 1/month

Due Dates and Activity Ideas for Wing/ Floor Relationship Events

Sept 27 – fun activity, getting ready for Dad 's weekend, setting up study groups, mid-term
Planning. Room/suite mate agreements.
Needs assessments

Oct 25 – fun activity, homecoming events,
faculty connection,

Nov 29 – fun activity, LGAPS/CAPS information,
Getting ready for Thanksgiving/autonomy
issues, Winter registration

Other – TBA with RD

Hall Specific Expectations

Goals

Theme hall requirements?

Faculty House Hours

Area Requirements?

Due Dates and Ideas for Events for the Hall/
Area:

Bulletin Board

Suggested Due Dates and Topic Plans:

Sept. 17 Topic Plan:

Oct 22 Topic Plan:

Nov 19 Topic Plan:

Be thinking about what you will change for Winter
and Spring . . .

October

Relationship Outreach

Activities:

Academic/Social:

Bulletin Boards:

Floor Meeting:

November

Relationship Outreach

Activities:

Academic/Social:

Bulletin Boards:

Floor Meeting:

Winter/Spring Term Relationship Checklist

☑ Facilitate, Facilitate, Facilitate: Spark up conversations in the bathroom, in the lounge, the lobby, at the front desk, on rounds, and at floor meetings about current, hot topics in the Evergreen, the local news or in the hall. Facilitate conversations among residents in the dining center, in your room, and in a resident's room with their roommate.

Educational conversations with increased risk: use facilitation skills developed over the course of fall training and fall term

☑ Utilize programs and events held across campus for educational opportunities – Don't reinvent the wheel – take your residents to events sponsored by our campus partners . . . University Counseling and Psychological Services, EOP, MEO, Multicultural Student Centers, Career Services, ASOSU, Student Involvement, Student Health Services, Student Recreation, Women's Center, Writing Lab, Academic Departments, the POSSIBILITIES are LIMITLESS . . . then, follow up with questions during wing meetings and/or 1-1 conversations with your residents.

Build on your RELATIONSHIP with your residents!!

☑ Once your community is ready consider bringing in guest speakers, faculty, and staff from other student affairs offices to engage students (consultation with RD to determine community readiness)

☑ When wing/floor community is ready team up with other staff to present an educational program (consult with RD to determine readiness).

☑ Consult with RDs: Student Staff will consult with RD weekly about their relationship building efforts to determine when risk can be increased and more educational programs should be infused.

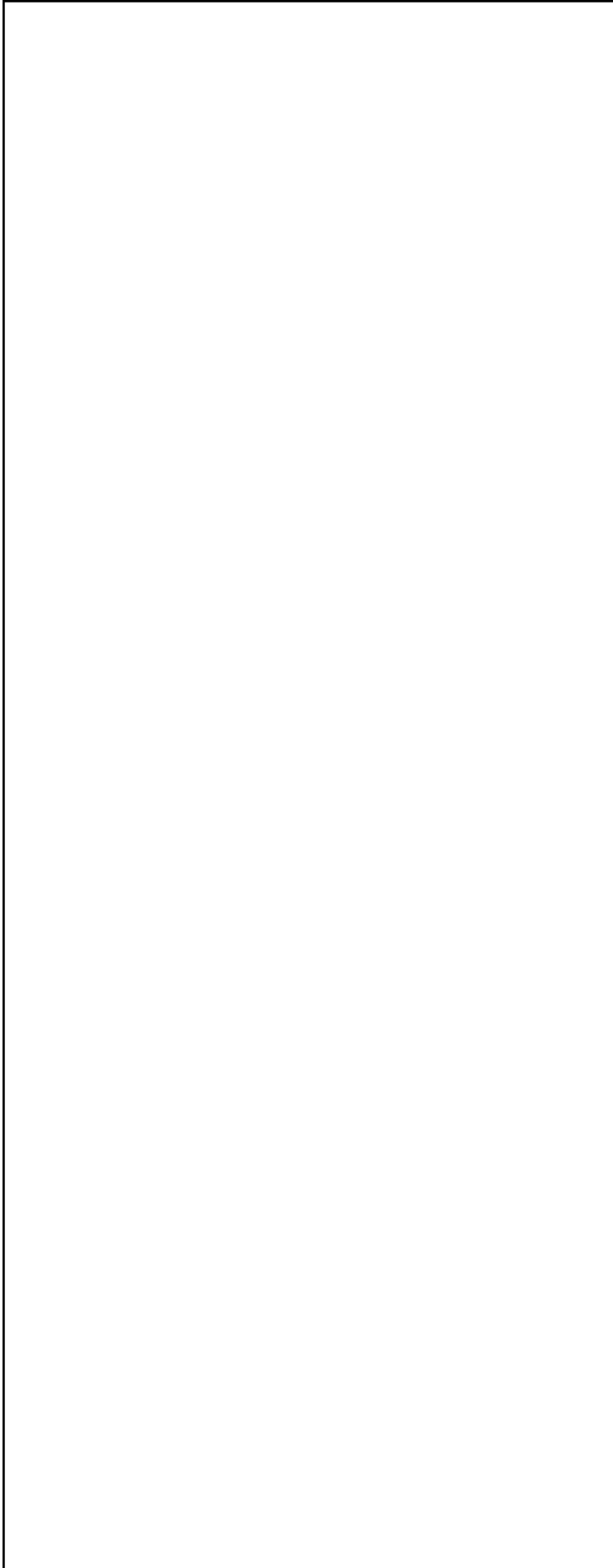
Desired Outcomes for Relationship Building Efforts by June 1, 2006

- ☑ Students are more connected with each other and had better friendships with residents on their floors which lead to a better overall residential experience
- ☑ Educational programs were facilitated in students' learning communities when the community was developed and ready to learn together
- ☑ Students actually learned more through intentional educational programming efforts

Desired Student Staff Outcomes for Inter *ACTION* Relationship Model

- ☑ More in-depth relationships among residents where trust, respect, and openness are common values in the community.
- ☑ Increased confidence for Student Staff in leading and facilitating group activities.
- ☑ Improved interpersonal communication skills for Student Staff member.
- ☑ Enhanced facilitation skills for Student Staff in small and large groups.
- ☑ Relationships with depth that will allow for open dialogue and high-risk conversations.

**Brainstorm Theme
Activities**



January

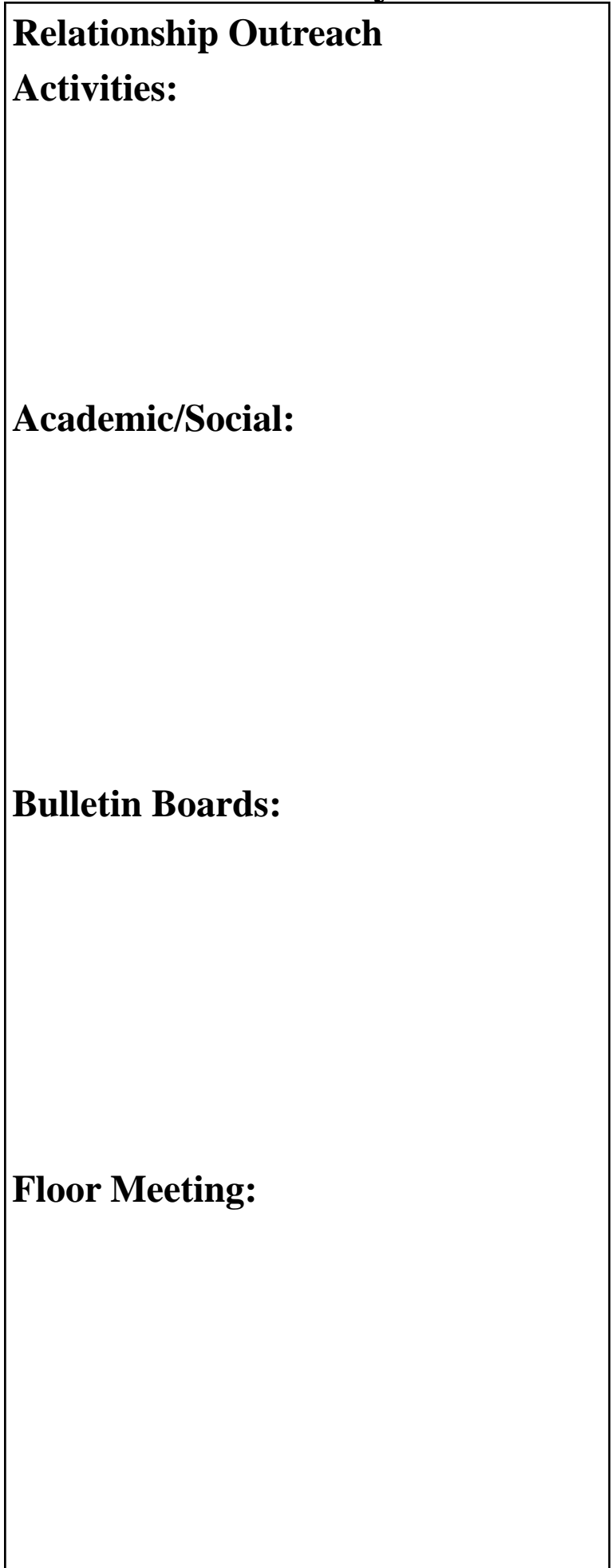
Relationship Outreach

Activities:

Academic/Social:

Bulletin Boards:

Floor Meeting:



February

Relationship Outreach

Activities:

Academic/Social:

Bulletin Boards:

Floor Meeting:

March

Relationship Outreach

Activities:

Academic/Social:

Bulletin Boards:

Floor Meeting:

April

Relationship Outreach

Activities:

Academic/Social:

Bulletin Boards:

Floor Meeting:

May

Relationship Outreach

Activities:

Academic/Social:

Bulletin Boards:

Floor Meeting:

Inter *ACTION*

Relationship Development Ideas and Goals
(also utilize your Community Development Plan)

- **Name** all resident on your floor: knock-n-talk! student staff will be 'tested' on residents' names,/room/hometown and major in **early October**
- Facilitate **roommate agreements**: this proactive conversation can save your residents and yourself a lot of heart aches later. Student Staff will ensure that roommate/suitemate agreements are completed by **October 21**.
- Know 5 things about each resident: lead get-to-know-you, name-game, relationship building, and low-risk activities on floors at wing/floor meetings (use facilitation skills developed over the course of fall training and fall term). RA will be tested on 5 interests/facts about each resident in **early November**.
- **Intentional outreach** to **all** residents: extra effort put into developing relationships with those residents outside popular social circles or identified as having difficulty making friends.
- Identify power players, sleepers, and at risk residents and develop an action plan to get connect with/students involved by mid **November**
- Facilitate relationship activities at a floor meeting: Roommate Roulette, Spoon Gotcha, Newly Roommate Game, Email Extravaganza, or Resident Jeopardy
- Take residents to hall and campus activities (such as: Multicultural student open house events, athletic events, MU events, ASOSU events, etc.).
- **Introduce and integrate new members of the community!** This is important when many of our residents move from floor to floor or hall to hall.
- Consult with RDs: Student Staff should consult with RD weekly about their relationship building efforts to determine when risk can be increased and more educational/challenging programs should be infused.

Inter *ACTION*

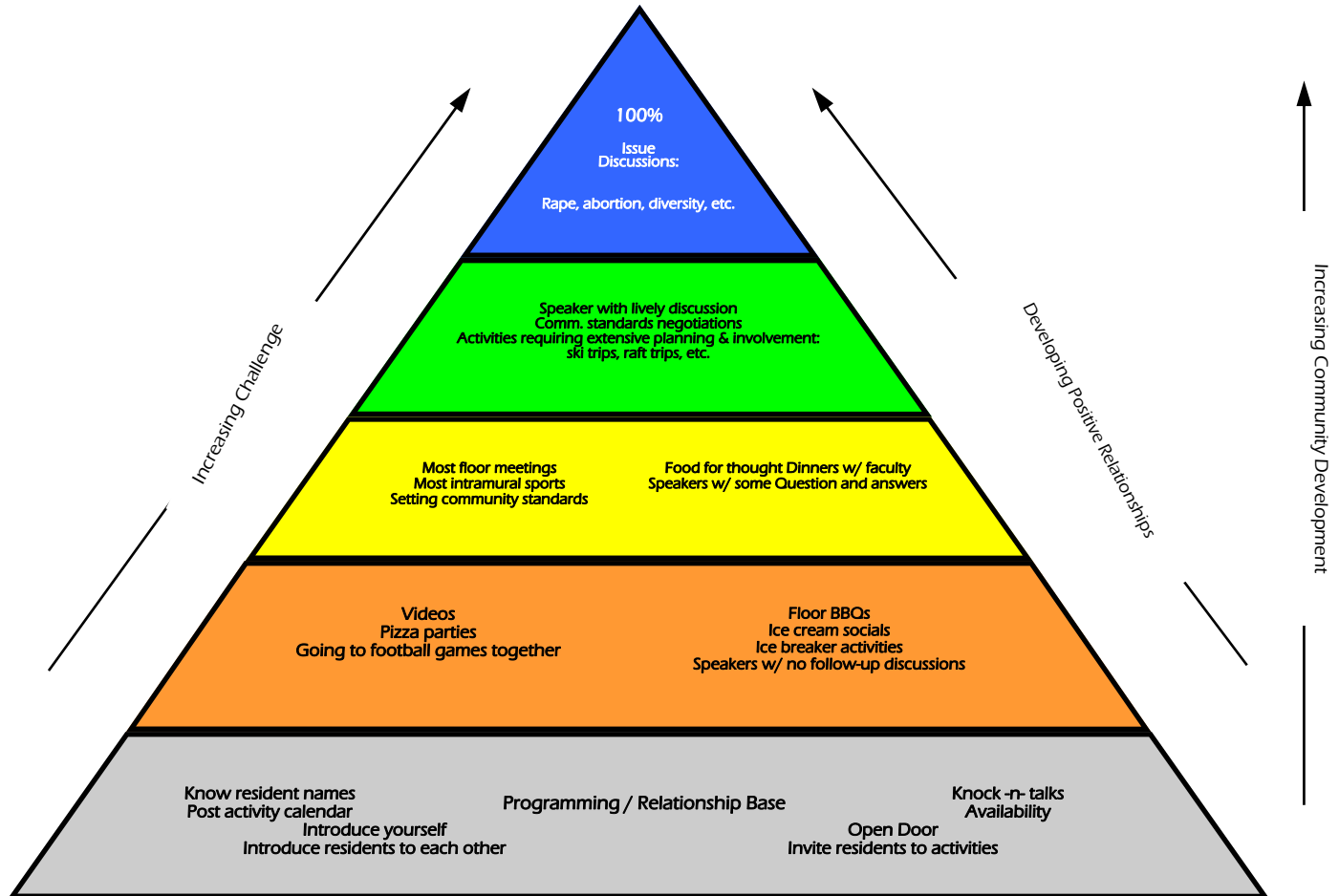
Relationship Development Ideas and Goals
(also utilize your Community Development Plan)

Other Ideas for Community/Relationship Development:

- **Roommate Roulette:** Both student staff and residents roll the dice on a floor map, and have to not only name the residents of the room, but also name 5 things about the residents. Residents play in a round robin tournament over several weeks, and the individuals move on to the next round by continuing to name residents and 5 things longer than their competitors.
- **Spoon Gotcha:** A nice version of assassin but uses the collection of others' spoons to determine who moves on and who doesn't. This would also include being given a card that includes 5 things about the person whose spoon one just took, which would be posted in some public way for everyone to see as the game progressed.
- **Resident Jeopardy:** The student staff member collects 5 items about each resident and holds a series of Jeopardy games over several weeks where participants compete by stating, in the form of a question, information about each other. The winner gets a prize of some sort, and participants are encouraged throughout the tournament to continue to find out things about each other. Even those watching, after being eliminated, continue to learn about their fellow residents.
- **Email Extravaganza:** student staff send out daily questions that have particular answers in the form of residents on the floor, with deadlines for answers, and points given for correct answers. Who is in the lead with the most points would be posted after each round, along with the correct answers. The questions asked could yield multiple correct answers, giving residents reasons to talk to each other about their common interests.
- **Newly Roommate Game:** Like the Newlywed Game, but with roommates. The student staff member or floor government can develop questions and test who really knows their roommate. One set of roommates leave the room while the others answers questions about their roommate. Each question has a progressive amount of point values and the game is over after each set of roommates have had the opportunity to answer questions for themselves and about their roommate.

Inter ACTION Pyramid

Use with students/government leaders to help develop events/activities that meet goals, outcomes and needs



A Few *Inter ACTION* Planning Tips:

- (1) Start Small
It really is ALL about relationship building. Facilitate Relationship Building among residents by planning get-to-know-you activities for your wing/floor.
- (2) Utilize the UHDS Resource Center
Located in Hawley Hall, the RC offers lots of resources and files for bulletin boards and programs.
- (3) Combine Programs/Events
e.g. At a wing/floor meeting, include something educational or diversity related. Insure that hall government and floor leaders are taking a lead on developing and implementing programs. Take advantage of events/activities sponsored by Area teams or around campus rather than having educational programs in the hall
- (4) Plan Ahead
The term will be almost over before you know it. Don't Procrastinate. Work to schedule your outreach activities and other events well in advance, then stick with it as best you can!
- (5) Just Do It —
While you may take on a program that is both time & labor intensive, most programs and bulletin boards take only a few hours to plan or develop. Don't let time slip away, if you need help, ask. Otherwise, just do it! 😊

Essential Communication Skills for Relationship Development	Activity
Listening/Non-Verbal Communication	Social Conversations and Communication ... What am I leaving people with ... Group Listening Exercise... Communication Activity
Facilitation Skills (asking good questions)	Debriefing and Processing an experience exercise... how to use it with your staff, with your residents
Facilitation Skills (getting students engaged with each other)	Learn – facilitation guidelines/do’s and don’ts. How to facilitate a WRAP UP. Using facilitation skills to get your residents engaged with each other
Managing Multiple Relationships	Learning to make connections ...(Axtel pg 17) Thinking about relationships as a series of conversations ... Acknowledgement and appreciation
Rapport Building	Facilitate roommate/suitemate agreement completion Teaching residents – It’s OK to say.... Complete a Community Development Assessment – implement revised community development plan (formulated during Spring RA Class)
Cross Cultural Issues and Skills	Three Simple Activities to raise your awareness - and that you can use with your residents: Questioning the NORM ... Growing Up Culturally ... Personal Identity Molecule...
Essential Skills for Academic Success	Activity
Facilitation Skills (getting Faculty Involved)	Participate and take residents to FIR events Participate in CHAT and CHEW Invite a faculty member to Food For Thought during your regular weekly ‘floor/wing’ dinner. Ask students who their favorite faculty member is so far – invite those folks to meals during your ‘house/floor/wing’ dinners or lunches Take students to International programs to find out about exchanges/study abroad.
Facilitation Skills (fostering academic success)	Develop Study Groups Consistently enforce quiet hours Work to develop course ‘connections’ course links between residents for Winter term Invite and RD or another RA in to do study skills sessions – reciprocate the favor Organize AREA study tables and/or study bucks competition with your hall council
Resource Sharing	Take students to the Academic Success Center, to tutoring, the writing or math labs or to the Library

Essential Skills for Environmental/Cultural Development	Activity
Community Engagement	Creating Peak Performers – creating a community of support – RA to resident and resident to resident. Mini ‘on campus’ wing retreat during CONNECT week: Mission – get as many residents from your wing involved in Friday night Connect event and Saturday cornerstone event that involves trust building activities (outdoor/experiential rec. resources), fear factor discussion, creating bonds, setting goals for fall term (academic and community), community boundary breaking activity. Expectation setting – Creating a floor/wing Charter
Personal Self Reflection	Nobody does it quite like You... How are you going to ...
Fire/Life Safety (Fire Safety, Sexual Violence Prevention, Alcohol Abuse prevention, etc.)	Essential How To’s that must be shared
Critical Thinking	What, So What, Now What... Then What? And WHY/HOW will the action/decision affect you/others?
Creating a Respectful Community	Socio-Gram Exercise Setting up and handling difficult conversations Managing your Power Differential Creating Critical Moments... share your personal cultural history
Intervention/Conflict Management	How do you handle the person who... One process for sorting out conflict... Facilitate Roommate/suitemate agreement completion

Additional Enhanced and Advanced Skills will be covered by individual RDs with second/third year RAs and SRA/ARAs and as needed.

Important Fall Dates

ARA/SRA Training Begins	9/6
RA Training	9/7
Dining staff arrive/Summer Move around	9/11
Early Arrivals	9/13
Big Move In Day	9/18
Soft Move In Day	9/19
Big Move In Day and Convocation	9/20
Downtown Corvallis Event	9/21
Late Night at Fred Meyer	9/21
Floor/Wing Socials and Dixon Rec. Night	9/22
Friday Night Live	9/23
MU PC Movie Night	9/23
Home Football	9/24
ALL HALL MEETINGS	9/25
<i>Classes Begin</i>	9/26
Wing/Floor Events	9/27
Beaver Community Fair – MU Quad	9/30
Home Football	10/1
<i>Last day to add - via WEB</i>	10/2
<i>Tuition bills mailed</i>	10/5
Fall Preview Day	? 10/22
All Campus ALCOHOL Program	10/4
<i>Last Day to Drop via Web</i>	10/7
Student Staff In Service Training	10/11
Homecoming week	10/24-29
Homecoming game	10/29
Wing/floor events-meetings	10/25
Dad's Weekend	11/12
Student Staff In-Service Training	11/8
<i>Last day to change to or from S/U</i>	11/11
<i>Last day to withdraw from a class</i>	11/11
Beaver Open House	10/22
<i>Winter Term Registration Begins</i>	11/13-12/1
UHDS Partner Appreciation Week	11/7- 11
UHDS Living Group Assessments (tent)	11/14 - 18
Living Groups Close for Thanksgiving 5:00	11/23
Thanksgiving Break	11/24 - 26
Living Groups Open - noon	11/27
<i>Dead Week</i>	11/28-12/2
<i>Last Day to withdraw from OSU</i>	12/2
<i>Exam Week</i>	12/5-9
Living Groups Close 10:00 a.m.	12/10

A Few Phone #'s

Academic Success Center	7-2272
Admissions.....	7-4411
Affirmative Action/EEO.....	7-3556
ASOSU.....	7-6366
Conduct Mediation Center	7-3656
Career Services..	7-4085
Comm. Service Learning.....	7-2101
Counseling (UCPS).....	7-2131
• Crisis Line.....	758-3000
Disabled Student Services.....	7-3669
EOP Office	7-3628
Financial Aid.....	7-224
ID Cards.....	7-2493
International Programs.....	7-3006
Library.....	7-3411
Math Learning Center.....	7-4946
MEO Office	7-7874
Multicultural Student Centers	7-6341
• Asian Cultural Center	7-6361
• Black Cultural Center	7-4372
• Centro Cultural Center	7-3790
• Native Am. Longhouse	7-2738
• Pride Resource Center (GLBT)	7-9161
Public Safety (non-emergency).....	7-3010
Rec. Sports.....	7-3736
Registrar's Office.....	7-0593
UHDS Resource Center (Hawley)	7-4771
RHA.....	7-7706
RCN.....	7-4870
Saferide.....	7-5000
Student Conduct...	7-3656
Student Health Services	7-WELL
Student Involvement.....	7-2101
Student Media.....	7-3374
UHDS.....	7-4771
Women's Center.....	7-3186
Writing Center.....	7-4173