

**Oregon State University
Department of Recreational Sports
Outdoor Recreation Center
Assumption of Risk and Liability Waiver**

Trip: _____ Course: _____

Name: _____

Local/Campus Address: _____ Phone: (____) _____

Emergency Contact: _____ Phone: (____) _____

Physician: _____ Phone: (____) _____

Briefly describe your experience level in this activity: _____

Note: Before Signing, carefully read the statement below. Do not sign unless you fully understand the risks of the program.

I, the undersigned have enrolled in the program specified above, offered by the Outdoor Recreation Center. I understand that participation in activities in the outdoors involves a certain degree of risk and danger. These risks may include but are not limited to

- **Hypothermia** – *a lowering of the core internal body temperature.*
- **Snow Hazards**
- **Strains/Sprains** – *ligament fibers or muscles stretched or torn from overuse or overexertion.*
- **Inclement Weather** – *adverse weather conditions*
- **Isolation/Delay in medical care**
- **Forces of Nature**
- **Travel** – *to and from the program area*
- **Physical/Mental exertion/exhaustion**

In consideration of being able to participate in this program, I fully and voluntarily accept these risks. I hold Oregon State University, the Outdoor Recreation Center, and all of their officers, agents, and employees harmless for any liability associated with my actions or the actions of a third party in the event I suffer either injury, death, or property damage while participating in the program.

I am aware that the State of Oregon does not provide medical insurance coverage and therefore take full responsibility for my personal insurance.

I am aware that I am solely responsible for my own equipment, supplies and personal property during the course of this program.

I am aware that I am participating in this activity with a diverse group of individuals. I am responsible for my behavior and will conduct myself in a manner that is courteous and considerate of other participants.

I am aware that if I drive or provide my own motor vehicle for transportation to, during, or from the program site, I am responsible for my own acts, for vehicle insurance, and for the safety and security of my own vehicle. I also agree if I am a passenger in such a private vehicle, that Oregon State University, the Outdoor Recreation Center and their personnel are not responsible for the safety of this transportation.

Please Check One

I represent that I am physically and emotionally able to participate in this event, and I understand that no one connected with the OSU Outdoor Recreation Center will undertake the responsibility to determine my ability to participate.

I have a condition that may limit my ability to safely participate in these activities. I request the following accommodations or restrictions: _____

List any drugs or medications you are currently taking that might affect your health in the event emergency medical treatment is necessary

Do you have any known allergies?

No Yes Describe:

Do you have first aid or medical training?

No Yes Describe:

Photo Release

Please check one of the following:

Yes, I give permission for Oregon State University to use any photographs taken of me or written comments I make during the course of this activity in advertising and marketing material.

No, I do not give permission for Oregon State University to use photographs or comments in advertising and marketing material.

Name (print): _____ Date: ___ / ___ / ___

Name (signature): _____

Parent/Guardian Signature: _____
(If participant is under 18 years of age)