

# Opportunities for Spouses while living in Corvallis



## Activities for Children

**Boys & Girls Club:** Many activities for children <http://www.bgccorvallis.org/>

**Corvallis Aquatic Team:** find out how to join the local swim team <http://www.corvallisquaticteam.org/>

**City of Corvallis Youth & Families:** There are many activities and learning opportunities for people of all ages. <http://www.ci.corvallis.or.us/index.php?option=content&task=view&id=96&Itemid=59>

**Corvallis Indoor Park:** Meet other Moms & kids, toys and places to run and play for children. (\$35/year, 2 different locations) <http://www.indoor-parks.org/>

**Corvallis Public Library story times:** Library staff read to children, including music, stories for 30 minutes. <http://library.ci.corvallis.or.us/corvallis/events1.asp>

## Crossroads International

### Conversation School

For international women interested in improving their English language skills. The school offers beginning to advanced instruction in conversational English. Childcare is available.

<http://oregonstate.edu/international/crossroads/contents/view/26>

### Crossroads Conversation Groups

Free for students, faculty, their family members or community members. English conversation groups meet twice per week. <http://oregonstate.edu/international/crossroads/contents/view/26>

### Crossroads Friendship Homes

Friendship Homes may be assigned to international visitors, allowing them to share family activities, holiday celebrations, birthdays, dinners, and special outings throughout the year. Friendship Homes provide a special home-away-from-home. <http://oregonstate.edu/international/crossroads/contents/view/26>

**Volunteer Opportunities:** any international visitor and his or her family members may volunteer. Volunteering is any activity which is not paid. A volunteer may not accept payment or compensation in the form of money, supplies, food, or any other benefit.

## Volunteer Organizations

**4-H:** Teaches children skills in animal science, natural resources, engineering, home economics, expressive arts, horticulture, personal development, and wildlife: volunteers needed to mentor children in the above skill areas [http://extension.oregonstate.edu/benton/4H/4h\\_home.htm](http://extension.oregonstate.edu/benton/4H/4h_home.htm)

**CASA** (Court Appointed Special Advocates): Visits "high risk" children in families going through court battles: CASA volunteers serve as advocates for children and appear in court to testify about what is best for the child. Volunteers also attend planning meetings with school districts, juvenile department staff, etc. [http://www.volunteermatch.org/results/opp\\_detail.jsp?oppid=70277](http://www.volunteermatch.org/results/opp_detail.jsp?oppid=70277)

**Cat's Meow thrift shop:** Benefits Humane Society (orphanage for animals): has a volunteer-run store 757-9000

**Community Outreach Inc.:** Provides services for homeless men, women and families, and general support for families & individuals in need: Volunteers translator, provide medical clinic office assistance - no special skills necessary) <http://www.communityoutreachinc.org/>

**Corvallis' Good Samaritan Hospital:** Local hospital that offers a variety of volunteer opportunities. [http://www.samhealth.org/volunteer\\_opportunities/](http://www.samhealth.org/volunteer_opportunities/)

**Corvallis Community Children's Centers:** Providing entertainment to children under the age of 5: Volunteers read and do activities with children <http://corvallischildcare.org/>

**Corvallis Senior Center:** Providing entertainment and friendship to senior citizens in Corvallis: Volunteers read and do activities with senior citizens

**First Alternative Co-Op Community Outreach** – Provides information on a variety of programs, projects and classes to the Corvallis and surrounding community <http://www.firstalt.coop/>

**Grace Center Adult Day Care Facility:** Providing entertainment and friendship to senior citizens in Corvallis: Volunteers read and do activities with senior citizens

**Healthy Start:** Volunteers make home visits to families with newborn infants: OFTEN need volunteers who can speak other languages <http://www.region4wib.org/HealthyStart.htm>

**Heartland Humane Society:** Provides homes for animals: Volunteers play with pets and help maintain the animals' facilities <http://www.heartlandhumane.org/volunteer.php>

**Jackson Street Youth Shelter:** Home for runaway youth: <http://www.jsysi.peak.org/>

**LB Vision:** Volunteer resource organization linking volunteers to community organizations that need volunteers: [http://www.lbvision.org/volunteer\\_home.html](http://www.lbvision.org/volunteer_home.html)

**Lions Club:** Provide services to the community and conduct fundraisers to raise money for diabetes and blindness research. <http://midvalley.lionwap.org/>

**Meals on Wheels:** Prepares and delivers food to people who cannot cook for themselves: 929-3853

**Oregon Pacific Red Cross:** Disaster services and international community resource: <http://oregonpacific.redcross.org/?zone=&id=16&sid>

**Youth Garden Volunteer Project:** The Community Gardens and the Youth Garden Project are located on a beautiful south-sloping site in Bruce Starker Arts Park along Dunawi Creek. (Location: Country Club Drive & 45th Streets) <http://www.peak.org/~ecenter/YGP/index.html>

**The ARC of Benton County:** Serving disabled individuals: has a volunteer-run store <http://www.arcbenton.org/>

#### **Work Authorization**

**H-4 and F-2:** May NOT accept employment under any circumstances

**J-2:** May accept employment once the J-2 has received an [Employment Authorization Document](#) from US Immigration (USCIS) [www.uscis.gov](http://www.uscis.gov)